Poster Making Competition

Posters submitted for the poster making competition held during the noon assembly program on 9th April
Sunlight is Life - Vitamin D

Vitamin D (The Sunshine Vitamin)

Completely Absorbed by the Ozone Layer and Atmosphere

60-65 years
Pregnant Women
Infants
Elderly
Dairy Products
Sun Exposure
Fatty Fish
Liver
Egg Yolks

Benefits of Vitamin D

Strong Immune System
Mood balance
Excessive blazing

Sunshine on Humanity

Sun's Super Duper Beneficial Brilliance

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